

Our Unique 12 Weeks to Health Program



The Process: First, we have to make sure that what you have is something that we can help with. We assess the state of the spine and nervous system by assessing your posture and by measuring the function of your nerves.

If, after this free assessment we find that our care could help you, then we will offer you the first three treatments. After the first treatment, we would expect your spinal posture to improve.

If it doesn't improve, then we stop treatment and there is no charge.

Over the first three visits, we expect your spinal posture to change and to keep straight or keep straighter. **If it just goes back to square one after your visit, then we stop care and refund what you have paid so far.** If at visit three, you're staying straight, then we offer you the **12 Weeks to Health** programme.

The 12 Weeks to Health programme Includes:

- unlimited visits,
- massage,
- nutrition advice,
- stress relief advice,
- exercise advice,
- and anything you need to improve the health of your spine and nervous system.



Your progress will be assessed at regular intervals over the twelve weeks.

If you have followed our recommendations but you haven't felt improvement by the end of the program you get your money back

12 Weeks to Health Payment Plans

One Payment
only

£448

Three Payments
of

£168

£504 total

Pay Per Visit Plans

Per Visit

£35

4 Visits

£130

= £32.50
per visit

12 Visits

£360

= £30
per visit

If you have chosen the 12 Weeks to Health, Block of 4 or Block of 12 you also have access to our PLUS Package - a special plan for your partner and children which can save you £100s.

Please ask for details